

## Welcome to the October 2022 Scomis Online Safety Newsletter for Parents/Carers

### New to the Scomis Online Safety Newsletter?

Welcome to the Scomis Online Safety Newsletter for parents/carers. The aim of our half-termly newsletter is to signpost parents and carers to websites which will provide:

- Online safety advice and guidance for parents and carers
- Raise awareness of current Online Safety issues
- Information on how/where to get help

### Remember to talk to your child about Online Safety

#### Be aware of key issues! How?

Visit the following websites to find out:

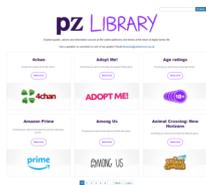
**Internet Matters** – [Advice by Age](#) includes video, tips on how to start a conversation and much more.

#### How can you protect your child?

Children use the internet in different ways depending on their age, [Internet Matters](#) has developed checklists for parents /carers that provide top tips on how to help them stay safe. Help children understand the dangers of sharing personal information, the best ways to balance screen time and more with the age-specific guides available [here](#)

**Parentzone** – [Guides for parents](#) includes social media, parental controls for Netflix, Peer pressure, PEGI Ratings, Disney+ and much more. Explore the Parentzone library [here](#) and find out about:

- Amazon Prime
  - Animal Crossing
  - Cryptocurrency
  - Clash of Clans
- and much, much more!



**CommonSense Media** – [Age based media reviews](#) for families, including Games, Apps, Films and TV, books. Reviews for what your kids are into (before they get into it) Trusted ratings created with families in mind. Including:

- [4 Conversations to Have with Older Kids and Teens About Their Screen Time Habits](#)
- [What is Online Harassment?](#)

### Keeping up to date with Media Sites, Apps and Games

Would you like to:

- Keep up to date with the latest sites, apps and games?
- Find out how to keep your child safe when playing online games?
- Access resources for children with [SEND](#)?

Visit [NSPCC's Chat App](#) site to find out more about Social media and Chat Apps including:

- TikTok
- Instagram
- WhatsApp
- Telegram

Find out more [here](#)

### Childline's Advice for Staying Safe Online

There are a number of things **you** can do to keep yourself safe online:

- Think before you post
- Don't share personal details
- Watch out for phishing and scams
- Think about who you are talking to
- Keep your device secure
- Never give out your password

Read how to keep you and your children safe online [here](#)

Find out more about:

- [Keeping your device secure](#)
- [Strong passwords](#)
- [Grooming](#)

Access and view a range of easy to watch videos on all sorts of things including

- Getting help [here](#)

### Have you heard of Squid Games?

#### Recommended Age 15 PEGI Rating

#### Commonsense Media's review: 16+

Parents need to know that the level of violence is very intense in Squid Games from Netflix.

Characters are systematically tortured and killed for the sadistic pleasure of a game master. Women are grabbed by the hair and beaten.

Find out more and read parent reviews at: Commonsense Media [here](#)



### PEGI Ratings

#### PEGI (Pan European Game

**Information)** ratings is a popular gaming rating system used mostly in Europe and Asia.

PEGI ratings are quite easy to understand. They use a clear number to show from which age the game is suitable for. Find out more [here](#)



### Need Help?

Worried about something a child or young person may have experienced online, you can contact the NSPCC helpline for free support and advice. Call NSPCC on **0808 800 5000**

Remember! Children can contact [Childline](#) any time to get support themselves: 0800 1111